

**Journey of the Soul**  
**Topic 4 – Soul's Perfection**

**II. Karma & Dharma**

(Sylvia Browne, AUG86)

Karma is a strange word. Contrary to popular belief, it is not working through with another person. You are working through your *own* Karma, which means your *own* experience.

"Thy Will be done," is probably one of the hardest thing we ever say. Karma only means you are experiencing for your own soul's development. You are not bound to anything else in this life. That does not mean we do not love and give. If we do not, then that is the wrong type of Karmic experience.

Everybody feels it is their Karma that they are down here, and they have to live through all the misery (retributive karma). Not everyone. Some people are becoming very enlightened. Life is negative and our Lord showed us that is was. But that does not mean that we cannot get through it with grace, and love and help (and humor). Stop with this unworthy business, "I am unworthy." You can't be, you're a genetic part of God.

We have been told by religions and societies and cultures, that we are not worthy enough to reach God. Of course, you are! God does not play favorites. Quit making God humanized! God does not have pettiness, jealousy, meanness, crankiness. God is omnipotently perfect. This religion never carried any hellfire and brimstone. But it carries a heavy load, because it put the load back on us. People do not like that. They would rather give it to some nebulous god and say, "It is his fault."

*It is all within you!* God did not send you down here! You made a Contract with God to come down to experience for God. You did not come here without all the Tenets and beliefs and all the faculties, if you just open it up. Open the top of your head, and let it come through!

Please be good to yourself, and quit being so concerned about yourself. You can love yourself without being a maniac about yourself. What does it matter if somebody gives you a slight one day? Are you going to remember it in ten years? I do not want you to be a "Goody-Two-Shoes" either. I do not want you wimping around. But if somebody does something to you, speak up! Somebody hurts you, have righteous anger! That does not mean we are going to be militant. When somebody hurts you, speak up and tell them that hurts. Somebody aggravated you, tell them that. You may find out you are aggravating too, but that is all right. Do not criticize! Criticism is self-defeating.

**Karmic Hammer**

(Syliva, MAR88)

Karma is grossly over rated. That everyone must go through horrendous trials, tribulations, murder, rape, wars, burning; that is not factual. The false notion about Karma is that it's supposed to incur some kind of wrath from the "Great Beyond", God, whatever. It made people repressed, like our "Jesus Freaks", where they could not move laterally. Everything they did (anger, feelings of revenge, hurt) was thought to carry with it a Karmic barb. Stop using it as a hammer over your head! If the Karma is something that hurts you that bad, you had better get out of it. God did not mean for you come down here to suffer being penitent, walking around carrying a cross, being miserable.

Karma simply means the experiencing of life for your own soul. The lessons you must learn. It is the soul experiencing for itself, until it finally reaches the pinnacle of spirituality to know.

Judgment is not involved. God is not judging. How could He be when He is ominipotent, holding you, and loving you? Same for Mother God. Instant Karma occurs when behavior has been deliberately hostile and premeditated; people will snap back. The things that we have done that are good will come forward, but not without trial. If you really want to find how you separate the chaff from the wheat, get a trauma in your life.

Now, you have to ask your self, "Am I doing this, or is it outside of myself? Are the external things really that bad, or am I pulling then inside of me?" Take events as they are. Review your life. Is it really that bad? Is there no one in the world that does not love?

We as a psychic, psychological, mystic, Essene, Gnostic group do not want you to feel that we are one of those groups that got rid of hell, fire & brimstone, and gave you Karma. That is exactly what happened in some philosophies. Watch out for 'fear-traps' in order to be good.

I asked a priest, "how could you believe that your child only comes forward to love you out of fear?" He replied, "Well, I am sure that God would prefer that. But human beings being the way they are, cannot do that." That is wrong! The thing you need to be afraid of is yourself. As Francine says, "It is what *you* in human form do *to you*, that works you over".

You may say, "I do not have anybody in my life. I do not have Mr. Right or Miss Right". If you have opened that door, you will again. Do you realize there is no perfect right one for you? I don't care how wonderful the person is. There is not! Nobody gives you a guarantee that is would be fair or that you would be happy. The good guys don't always finish first. The bad don't always get punished immediately. But eventually it does somewhere. That is really what Karma is all about.

Gnostics are researchers. They look for the sources: Dead Sea Scrolls, the Nag Hammadi, the early teachings, the writings of the Essenes, the early gospels that are omitted from the Bible.

Know in your heart that you are the Truth and the Way and the Light!

### **Experience**

(Sylvia, SEP88)

The one obligation, you do have to Karma, is that you must *finish* anything that you have begun. For example, you start a relationship (romantic or friendship), and you are the major instigator behind it. Then somewhere along the line you outgrew the relationship or it outgrew you or whatever. Your Karmic obligation says that you must be the one that goes in, faces the relationship and ends it. This principle is the same with jobs, or anything else.

What happens so many times, myself included, when we get into bad situations or money problems, we sit and hope that someone will come along and help us. Don't we? Or that if we just wait long enough or stall long enough, then something will happen. On occasion, for some people, a "White Knight" does appear to give a hand. But most of the time, you are the one who has to face the music, and finish out the situation. You say, "I can't spend anymore; I can't do this anymore; I can't deal with this anymore..." then proceed from there. Otherwise, our lives become too strung out in these long drawn-out situations.

You never really *end* it with your children, but what you have to do is stop the Karmic Tie. You must release the Karmic obligation to them. Karma means here that awful tearing situation where you are painfully tied to the child. You're so closely connected that everything which hurts them also hurts you, and vice versa. Say, "Please, please, in the name of God, you must start wending your way out of my life. Not just physically, but mentally, so that both of us get peace from this." It is hard.

As a church, we must be the ones to stop this negative Karma of guilt, sin and fear.

To be a Christian does not depend on whether Christ was crucified. All Christianity has been based upon that Christ had to be, *had to be*, sacrificed down through the centuries. That is wrong! The Karmic experiencing Christ Consciousness with us must go on experiencing life without the crucifixion. The whole idea of Karma or guilt was, "You *must* suffer, be miserable, be unhappy.

Of course this place is not a picnic. This is a "Veil of Tears" a "Valley of Death". The more farseeing you are, the more it hurts. It brings with it hardships and hurt. While we are spiritually advancing and becoming more aware our antennas go out. The more psychic we become, the more intuitive we become. That is its own price to be paid, isn't it? You cannot reach a spiritual level without being psychic. The two are absolute. There a very few things that are absolute. But the more that you love God and the more you try to follow what is going on in this life, the more and more it comes totally to your consciousness that you are absolutely a Spiritual Entity and must experience the Karma – to experience life for the growth & perfection of your own soul.

Now in regards to relationships, the main thing we have to realize is that there is a coupling. We must be two by two. There are some of us that cannot be. Some of us are loners. Some of us are singular. But in all life, there is a coupling with a friend. There is coupling with you God Center.

Don't be setback by people who say, "That is blasphemous!" The Bible is not to be taken literally. Biblical stories are parables and were given out to people in order to keep them in line. Control by fear. People, the ignorance of people, believe anything instead of relying upon their own God Center to direct them.

Our whole lives are spent in the search of love, even more so than financial happiness.

Your experiencing Karma is different than anybody else's. But you make the circle. And once you make the circle, *close it off*. I am talking about mistakes. Then you have got to close it off. You can move; you can leave; you can do whatever you need to do to survive.

In the knowledge of God's love, in the stretching of our soul to spiritual heights, it hurts. Anything hurts when it is coming alive. When the soul stretches it does magnify the Lord. But we are afraid to touch those edges of our own emotion. "Oh! What if I love too much, and I am hurt? What if I give it all, and I am disappointed?" And so, you are. Yet, what would it be like to have never given at all to know that you could empty out?" That there is another living, breathing person, or even an ideal that you could empty it all out for? You know what we are so afraid of? If I empty it all out Karmically experientially, will anything ever fill me up? Yes! Each time you empty it out, you get deeper. If you never empty it out, you stay real little and shallow.

So you give it all, and you keep giving it all. Give all the way down to your toes, not just to the chest. We only breathe from there! You ever notice people breathe? They breathe very shallowly. Pant, pant, pant. This is the way we love. We do not love to clear down to our toes. People say, "But I lost them." You do not anybody, if it is not meant to connect here on this plane. Very few things are meant to connect on this plane. Then you have to give it all up. You must give it all up. In giving it all up, there is a blessing from God.

But, do not choose to love people who are not worthy of your love. You say, "Well how do I know that, Sylvia?" Because they are rotten! You can feel they are rotten, because you are psychic enough to feel they are rotten. People can turn on you. It is like bad meat, they go rancid. For your own soul's sake, move on. Think of the journey of your soul wending through life, experiencing, loving, caring, giving it all up. Think of yourself as a Beacon of Light.

Trust me when I tell you, there is a danger in saying, "I thought that I had loved as much as I could, and given as much as I could." God says, "Really? Hmm. We will see!" Sometimes it is pure hell, and you feel there is no more to give. You have to start over again to give more but it is wonderful.

To honor your Father and your mother is fine, but only if they are honorable. No one knows whether you are a good mother, a good wife. It depends on how satisfied you are with it, and how much you have given. If you have not given it your all, then you cannot say that you are great. You must say, "I gave it all that I had." Now, but you do not want to give it all to a job that is not going to be kind to you or good to you. So it's the same with people, why give them all of you if they hurt you so bad.

We are reluctant to close off the circle because we are afraid we will not be loved. If we do not give it out, and this person turns to us and says, "I never loved you. I can't stand you." The typical reply for men and women is, "I have given you the best years of my life. I have gone down to the bowels of hell to have you!" What does it matter? You know the greatest thing that I have learned? It does not matter whether you love me. It matters that I love you. Walk around with the joy of loving you. I do not expect you to love me back. That is wonderful, because it was always a "payback". We get into an auditing mindset, "I have given you 2 liters of love, and you must give me gallons back." Take responsibility on what you give to others. Do the things you love and don't expect anything back. If you don't want to clean the floor after you have sacrificed the whole week working for your family, let it get dirty.

## **Misconceptions**

(Francine, JUN91)

### ***Is it a baby's Karma to drown, and not try to save it?***

That is the Indian belief. That is insane! There are whole group of Taoists that absolutely believe that if the baby crawls to the end of the boat and it so chooses to fall in the water, they watch the baby glug all the way to the bottom. This is what we call the *non-interfering* Karma, which is just as vile as too much interference. They have never gone wide, strong and literate enough to realize that you are there with sense to pull the baby out. *Dharma* is the responsibility of the child-bearing.

This is the same stupidity of saying, "I am not going to call on a doctor. I am going to let God heal me." Who made doctors? God! People will let a child die, because they do not want to call a doctor. Just ridiculous.

## **Dharma**

(Francine, NOV91)

Dharma is your responsibility you take on along the highway. It's another word for responsibilities. If someone has fallen on your doorstep, you do not leave them there. The responsibility is to take of them, but not necessarily *forever*. But be careful of that, because spirituality and the magnification of the soul also carries with it warnings! Be very careful that you do *not* pick up somebody else's Karma while they are living. You do not want to get caught in the Dome of someone else. It is a very spiritual thing to ask yourself what is good for you. That is not being selfish. "What am I getting out of it?" If you keep coming up with big zeros, do not do it anymore.

While being a "good Samaritan", you must watch out for traps. For example, do you pull over to attend to a car on the side of the road when it's late at night and no one is around? Of course not! That is being stupid. The intention is saving yourself. You must realize that the soul and the body you are saving could be your own. You have a right to take precautions with the body that you are here to protect.

The marvelous by product to this spiritual knowledge is that when you acquire it and say, "I do not believe it. I do not care. But just for the heck of it, I might try it. When I get in dire straits, I am going to use the *Silver Light*. I am going to use the *White Light*. I am going to use *mirrors*. I am going to encase my self in *Gold*." Pretty soon, even though you do not believe it, things begin to *happen* positively. You call on *Azna* to be the *sword* that helps you and the thread of these Karmic Domes can be cracked. You can take on the dharma, the responsibility, to crack the Darkness. If you help someone get out of the Darkness, but later to find them back into it, leave them there! Let someone else who has more time, energy, more to perfect. You, taking them out of the Dark, are not perfecting anymore. You need to shine brighter to help more people, than just one little person who just loves to crawl into the closet. This is one of the hardest things.

This planet has turned into a very *elite* Universe of its own. It has become a University of the most elitist type that only the *strongest* will be admitted to. That, of course, takes in the Gnostics. Because you *Seek and Search*, you find your *inner core of knowledge*. The one thing that you must guard against is ego (eg, false boasting; 'I'm better than you', but not really). It is your worst enemy. When you start thinking that you are so *important*, that is where you fall prey to darkness. The *I Am* is the sum total of what you are; not more no less. The uniqueness of that is the beauty.

Take life with a sense of humor! This is the best way to dispel Karma! Without a sense of humor, you cannot dispel it. Humor is probably the *truest* ways that God's love is shown. Laughter brings about happiness. It fills your soul. If you can laugh at yourself, it is the best! You are now advancing to a different level. If you can laugh at yourself and the vehicle that you are in it all slips away. With the fake "I Am" your problems are so terribly important. No. Your problems are only important, because you have reaffirmed them to be important. When you make others happy, you make you happy. This is the Law of the Universe. People will say, "I have nothing to smile about". You have *everything* to smile about. The fact that God loves you; that you are in the world; that you took on the trials and tribulations; that you took on probably the most elitist time in the world; that you have a chance to advance more than any other generation has ever had in the history of this world.

### ***How do we protect ourselves from those who do not understand our spirituality?***

You protect yourself, first of all (this is the hardest part) by trying to be kind and sympathetic with them. Sometimes this makes them more furious, but your spiritual progress has become tremendous that a lot of people will not know you. That is all right. This is what you want to do! You do *not* want to carry those people with you through all eternity anyway. You have to White Light them and send God's Grace around them.

